

# Behavioural Styles

## Assertive 3, 7, 8

Respond to stress or difficulty by building up, reinforcing, or inflating their ego. Take over the space and expect others to react.

## Compliant/Dutiful 1, 2, 6

Respond to stress or difficulty by asking themselves what is the right thing to do. "How can I meet the demands of what others expect. How can I be a responsible person?"

## Withdrawn 4, 5, 9

Respond to stress or difficulty by moving away from engagement with the world and into an "inner space" in their imagination. Are often experienced as being "pulled back" from the action.

